

**ROSUN**<sup>TM</sup>

Hub For Natural Products

Integrity. Purity. Consistency



# Organic Coconut Palm Sugar



**Rosun Natural Products-Making Food How Nature Intended**

## Organic Coconut Palm Sugar

- Low Glycemic Index
- Metabolized Slowly
- Deliciously Sweet
- Rich in Nutrients
- Digestive Friendly
- Mineral Rich



While cane sugar is 100% sugar, coconut sugar is only 78% sugar, meaning 22% is made up of vitamins, minerals, antioxidants, fibers and even a few beneficial fatty acids. This sugar is also rich in antioxidants and a special kind of fiber called inulin. Its superb taste is complex, similar to the earthy caramel-like sweetness of brown sugar. A delicious, all natural minimally processed Sugar made from the fresh sap of coconut blossoms.

Its superb taste is complex, similar to the earthy caramel-like sweetness of brown sugar. Organic coconut palm sugar is rich in nutrients, retaining the vitamins minerals and antioxidants of the mighty coconut tree. Coconut palm sugar is great alternative to cane sugar and other sweeteners. This remarkable sweetener has low glycemic index and is metabolized slower than cane sugar, providing more steady energy. It has been eaten for thousands of years in many regions of South East Asia, where coconut trees are the native. Organically grown, naturally gluten free, sustainably harvested and ethically sourced -as good for the Earth as it is for you.

## Special Properties

### ○ Organic Coconut Palm Sugar is Nutrient Rich

Coconut palm sugar is a good source of minerals like iron, zinc and potassium. Contains B vitamins, Vitamin C and trace amounts of other minerals like copper, chloride and magnesium.

### ○ A Good Source of Prebiotics

Organic coconut palm sugar contains a special fiber called Inulin. Like other fibers, inulin is not digested and instead benefits the body by acting as a prebiotic.

### ○ Low Glycemic Index

Research shows that coconut sugar has a glycemic index of 35, which is considerably low for a sweetener. The glycemic index is a measure of how much a particular food will raise blood sugar levels, with pure glucose setting the standard at 100. With any food over 55 considered 'high glycemic', an all - natural, great tasting sweetener in the low range is exceedingly rare. Compared to cane sugar with a nearly double glycemic index of 68, coconut sugar is metabolized slower, providing more steady energy and steadier blood sugar levels.

Rosun Natural Products is dedicated to sustainability and purity in manufacturing, carefully selecting quality raw materials to bring the most nutritious products in the world to you. We are committed to produced the highest quality food ingredients, herbal phytonutrients and healthcare products how nature intended -free from herbicides, pesticides, toxins and chemicals, with nothing synthetic added -ever.



### Global Marketing Offices

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